



**OWL'S NEST**  
THE WHITE MOUNTAINS

## 2024 Golf Camp

The 2024 Owl's Nest Golf Camp is designed for boys & girls between the ages of 12-18. The teaching staff will provide golfers with quality instruction to improve their golf skills and allow junior players to elevate their game to the next level. The Owl's Nest Golf Camp will be a week-long camp that will run from Monday, July 29th to Friday, August 2nd.

Golfers will begin each day with instruction focused on a specific area of the game, working on performing those skills, and finish the day with a 9-hole round of golf.

**Requirements: Golfers will be expected to know the game of golf, have played multiple rounds of golf, know the fundamentals & etiquette, as well as being able to walk 9 holes.**

### Date and Time

July 29th - August 2nd (Ages 12-18) \*Golf Only

**Non-Residents of Grafton County:** \$450/\$350 per additional child

**Residents of Grafton County:** \$400/\$300 per additional child

### Dress Code:

Golfers attending Camp will need to conform to the dress code policy:  
Collared shirt, golf shorts or pants, and golf shoes with spikes or athletic sneakers.  
NO denim, tank tops, or athletic shorts.

Campers are encouraged to wear hats, sunscreen,  
and bring outerwear suitable for the weather conditions.

CAMPER 1 NAME \_\_\_\_\_ AGE \_\_\_\_\_

CAMPER 2 NAME \_\_\_\_\_ AGE \_\_\_\_\_

### MEDICAL INFORMATION

Does your child require reasonable accommodations to participate in the program?

Yes  No If yes, please explain: \_\_\_\_\_

\_\_\_\_\_

Are there any medical conditions (e.g., allergies, medications.) that Owl's Nest Resort needs to be aware of?

Yes  No If yes, please explain: \_\_\_\_\_

\_\_\_\_\_

PARENT/GUARDIAN NAME \_\_\_\_\_

PHONE NUMBER \_\_\_\_\_

E-MAIL \_\_\_\_\_

**REGISTER IN THE SPORTSNEST TODAY!**

*Please turn to back-side to view the daily schedule & waiver.*

# 2024 Golf Camp Daily Schedule

July 29th – August 2nd 9:00am – 3:00pm  
Drop Off at SportsNest 8:45am – 9:00am

## Monday

9:00 - 9:15: Introduction  
9:15-9:30: Stretch/Warm Up  
9:30 – 10:30: Instruction – Skills & Fundamentals; grip, stance, posture, swing  
10:30 – 11:15: Putting – putting green etiquette, honors, marking of golf ball  
11:15 – 12:00: Lunch/Golf Course Expectations  
12:00-12:20: Tee Times  
3:00: Finish 9 Hole Round/Pick up

## Tuesday

9:00-9:30: Game Plan for the day/Stretch/Warm Up  
9:30 – 10:30: Driving Range Session – Provide tips/pointers based on first 9-hole round  
10:30 – 11:15: Chipping/Short Game – Chipping around the green, sand trap fundamentals  
11:15 – 12:00: Lunch/Golf Course Expectations  
12:00-12:20: Tee Times  
3:00: Finish 9 Hole Round/Pick up

## Wednesday

9:00-9:30: Game Plan for the day/Stretch/Warm Up  
9:30 – 10:30: Driving Range Session – Focus on Irons  
10:30 – 11:15: Practice Hole – Hitting Irons into the Green  
11:15 – 12:00: Lunch/Golf Course Expectations  
12:00-12:20: Tee Times  
3:00: Finish 9 Hole Round/Pick up

## Thursday

9:00-9:30: Game Plan for the day/Stretch/Warm Up  
9:30 – 10:30: Fairway Woods/Hybrids Instruction on the Range  
10:30 – 11:15: Long Drive Competition  
11:15 – 12:00: Lunch/Golf Course Expectations  
12:00-12:20: Tee Times  
3:00: Finish 9 Hole Round/Pick up

## Friday

9:00-9:30: Game Plan for the day/Stretch/Warm Up  
9:30-10:00: Driving Range  
10:00: Head down to Owl's Nest Vineyard Course for 18 holes  
10:30-10:50: Tee Times  
3:00: Pick up at Vineyard Course

# Owl's Nest Resort Junior Summer Camp Participant Waiver

PARTICIPANT NAME \_\_\_\_\_ D.O.B. \_\_\_\_\_

PARTICIPANT NAME \_\_\_\_\_ D.O.B. \_\_\_\_\_

## WAIVER AND INDEMNIFICATION

I/We, the parent(s)/legal guardian(s) of the above-named participants, give approval for his/her participation in Owl's Nest Resort Junior Summer Camp activities. The golf course is owned by LCJ Management, LLC. DBA Owl's Nest Resort & Golf Club (The "Resort"). This hold harmless agreement includes, but is not limited to, any claim due to injury proximately resulting from negligence of the Resort or its oversight organizations, employees, agents, participating agencies, and volunteers. I/We hereby waive all claims and demands against Owl's Nest Resort for any loss, damage, injury (including death), or claim of any kind arising from, related to, or caused by the above-named participants in the Junior Summer Camp and agree to indemnify, defend, and hold harmless the Resort from all loss, liability, damages, costs, and expenses (including actual attorney's fees) arising from or related to same.

## ASSUMPTION OF RISK

I/We acknowledge that participation by the above-named participants in the activities listed above may entail known and unanticipated risks, which could result in physical injury, death, or property damage. I/We understand that such risks cannot be eliminated without jeopardizing the essential qualities of the activity. The risks may also occur as a result of the above-named participants' own actions, inactions, or negligence, as well as actions, inactions, or negligence of others, weather conditions, condition of equipment, condition of the facilities and grounds, natural disaster, national disaster, and any first aid emergency treatment which may be administered. There may also be other risks that are not foreseeable at this time.

## EMERGENCY

In the event that I/we cannot be reached in an emergency, I/we agree to accept any and all determinations of need for medical assistance and/or administration of medical attention deemed necessary by Owl's Nest Resort employees, agents, and volunteers. I/we hereby give permission to the medical personnel selected by Owl's Nest Resort employees, agents, and volunteers to secure any and all medical, hospitalization, dental, and/or surgical treatment for the above-named participants. In the event that such medical attention is needed from a healthcare provider, I/we agree that all costs shall be the responsibility of the parent(s)/legal guardian(s). All campers must have their own medical coverage.

## MEDIA RELEASE

I/We hereby give Owl's Nest Resort employees and their agents the absolute right and permission to use photographic portraits, pictures, digital images, or videotapes of the above-named participants, for any lawful purpose whatsoever, including but not limited to use in any Resort publication, on the Resort website, or social media, without payment or any other consideration.

- CONSENT:** I/We hereby certify that I/We am/are the parent(s) or guardian(s) of the above-named minor(s) and do hereby give my/our consent without reservation to the foregoing on behalf of the participant.
- NON-CONSENT:** I/We hereby certify that I/We am/are the parent(s) or guardian(s) of the above-named minor(s) and do not hereby give my/our consent without reservation to the foregoing on behalf of the participant(s).

## DRESS CODE

Youth attending the Junior Summer Camp Program will need to confirm to the dress code policy: collared shirts; comfortable shoes or soft spikes; and no denim, tank tops, or athletic shorts. Campers are encouraged to wear shaded hats, sunscreen, and bring outerwear suitable for the weather. **Please bring sneakers or tennis shoes that can be used on the courts.**

## CANCELLATION POLICY

A full refund will be issued on cancellations received one week (seven business days) from the first day of instruction. If a cancellation is made inside of one week prior to the first day of instruction, no refund will be given. No partial refunds or credits will be issued for any reason, including late arrivals, early departures, inclement weather, or reduction in number of participants.

## ACCEPTANCE

As the parent or guardian of the above-named minor(s) or dependent(s), I/We assume full responsibility for the decision for the above-named participant(s) to participate in the Owl's Nest Junior Summer Camp.

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Phone Number: \_\_\_\_\_

Parent/Guardian E-mail Address: \_\_\_\_\_